

Heat-related illness can happen when the body cannot cool itself properly. Older adults and young children are at high risk for severe complications from extreme heat.

Dorchester County Public Library branches function as our county cooling centers. You can stop by during the hottest hours of the day at the library if you do not have access to other cooling methods.

Drink lots of water and stay hydrated. Wear loose-fitting and light-colored clothes. Take breaks in the shade when outside for long periods of time.

### **Cambridge Library Branch Hours**

Monday 10-6  
Tuesday 10-7  
Wed-Fri 10-6  
Saturday 9-5  
Sun Closed

### **Hurlock Library Branch Hours**

Mon-Wed 10-6  
Thursday 11-7  
Fri-Sun Closed

Our friendly librarians can also help you get a new library card!  
For more cooling center information, please call 410-228-3223.

